

**National Tremor Foundation Charitable Trust**

**Report & Financial Statements  
for the year ended 31 December 2016**

**Charity number: 1042013**

# National Tremor Foundation Charitable Trust

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**National Tremor Foundation Charitable Trust**  
**Trustees' Annual Report for the Year Ended 31 December 2016**

## **OBJECTIVES & ACTIVITIES**

The Trust's legal purpose (objects) are:

- To promote, centralise and co-ordinate for the benefit of the public any form of research into essential, idiopathic and hereditary tremor and to disseminate and publish the useful results of such research.
- To relieve the need of sufferers from essential, idiopathic and hereditary tremor.
- To advance the education of the public in the subject of essential, idiopathic and hereditary tremor.

The Trust is currently able to resource these charitable activities:

- **Information.** Provision of knowledge to people affected by tremor or movement disorders of various parts of the body in order to help them and their families/carers manage the condition. The initial source for the Trust's beneficiaries is the website which the Trust believes is the leading source of information on this condition for over one million sufferers in the UK. Further sources are a newsletter (available in hard and soft copy), a general telephone enquiry service and access to an advisory panel.
- **Research.** This is a new activity enabled by the build-up of reserves over recent years. Research progresses the understanding of tremors by investigating causes and potential treatments.
- **Beneficiary support.** This activity covers the annual conference, active support and the encouragement/subsidy of regional support groups where there are known clusters of interested beneficiaries.

## **ACHIEVEMENTS & PERFORMANCE**

This section explains the activities for the reporting period; in a difficult economic environment the Trust has managed to keep costs to a minimum and maintain the central office support facility.

### **Information**

The website was given a major overhaul in 2016 to give it a more modern feel and more compatible with mobile phones & iPads. The website gives a range of information on tremors (from diagnosis and clinical characteristics to current research topics and help for carers) and attracted visitors from around the world. In comparison to 2015, users of the website increased by 20.44% in 2016 (from 61,130 visitors to 73,627), with 83.1% of the visitors being new to the site. Page views increased 5.28% 172,369 to 181,469. This trend of increasing year on year visitors continues into its 3<sup>rd</sup> year.

Our social networking continued to grow with our established Facebook page proving very popular & our Twitter account attracting increased interest. Our Interactive Facebook page, found through a link on the NTF website, has proved a popular communication medium for people sharing experiences & giving advice.

Interviews were held in December 2016 to appoint a Digital Content Consultant who's role will be to shape, develop and lead the delivery of the NTF's digital presence. This will be achieved by managing and developing digital content for our communications channels, with a particular focus on website, social media and online communications.



We are delighted and honoured to continue to have Lord Julian Fellowes as Honorary President of the NTF. Lord Fellowes, is world renowned for creating the hugely successful and critically acclaimed TV period drama Downton Abbey. In a recent newspaper interview, he revealed that he lives with Essential Tremor. In the last ever episode of Downton Abbey, Lord Fellowes wrote into the script a character who suffered with essential tremor and in doing so raised a great amount of awareness for this little known condition.

Lord Fellowes was born in Cairo, Egypt, educated in Britain before moving to Los Angeles in 1981 and returned to the UK in 1991. He is well known as an actor, novelist, screenwriter and film director and his career spans over 40 years. Lord Fellowes has been a member of the House of Lords since January 2011. He is also Chairman and patron of several UK charities.

*Lord Julian Fellowes, our charity's patron.*



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**Research**

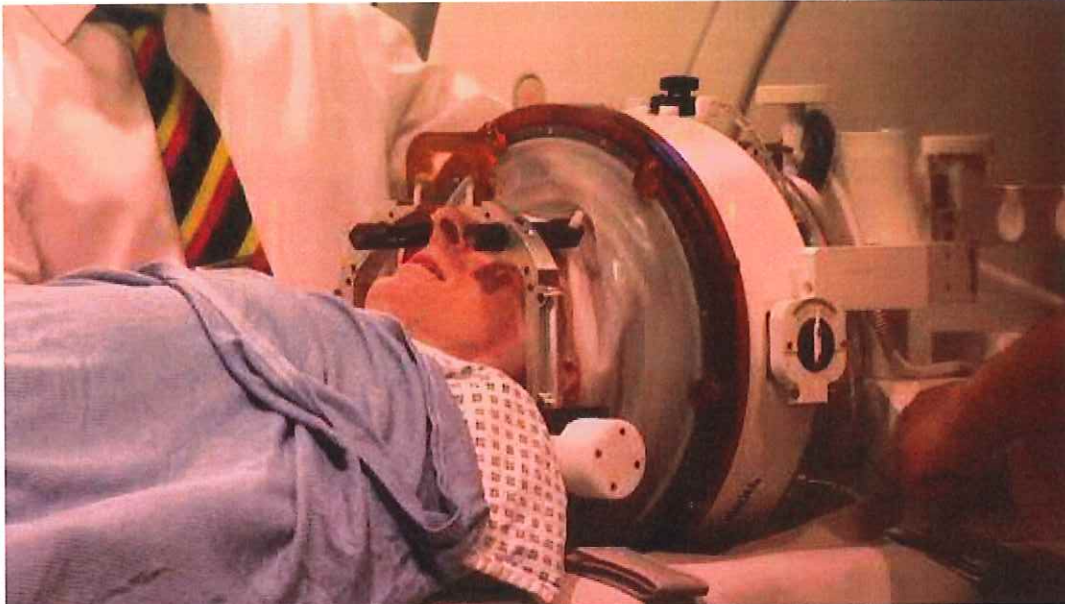
A grant of £11,106 was made available to Imperial College for a research study. The study was in the evaluation of the effectiveness and safety of exablate transcranial MRI-guided focused ultrasound thalamotomy treatment at Charing Cross hospital for people with medically refractory essential tremor syndrome. The MRI-guided focused ultrasound machinery (the only one in the UK ) was seen on the BBC documentary programme "Hospital" in January 2017 undergoing a successful trial of patients and featured NTF trustee Dr Peter Bain. The grant is expected to be fully used by the end of June 2017.

Magnetic resonance-guided focused ultrasound (MRgFUS) technology uses MRI imaging to guide high powered, focused ultrasound to a very small point. At that point, molecules are vibrated extremely quickly, which creates intense local heat. That heat can "cook" tissue and destroy it. MRgFUS allows clinicians to target a very specific focal point – with very little heating produced in front of and behind that point, so only the targeted tissue is affected.

Essential tremor is a shake of a part of the body that cannot be controlled. There are many causes of severe tremor – it is a syndrome rather than a specific condition. There are over one million people with essential tremor in Britain and around 250,000 people with the syndrome are severely disabled by their tremor. Current treatments include drug therapies, surgery and deep brain stimulation. These treatments are of limited effectiveness or cannot be used in all sufferers; some have moderate risks and side effects.

However, clinical researchers have recently developed a technique that allows MRgFUS to be used in the brain to treat essential tremor. There is a growing body of clinical evidence from around the world that this procedure is safe and effective, and it has been shown recently to have very successful outcomes in the treatment of essential tremor, with many fewer risks.

The first trial in essential tremor is expected to be completed by summer 2017, and it will likely be a further six months before a research paper is published in a peer-reviewed journal. The Trust anticipates that this research will form a key part of NICE's and NHS England's consideration on whether or not to fund this new procedure for all suitable NHS patients in England.



*Doctors at Imperial College Healthcare NHS are researching the use of deep-brain ultrasound therapy to treat tremors*

**Beneficiary Support**

The Primary Orthostatic group held their own meetings during 2016 and financial aid was given towards the costs of holding these meetings. Primary orthostatic tremor (POT) is a fast (13-18 cycles per second) tremor of the legs that occurs on standing. It typically causes unsteadiness and may be associated with mild Parkinsonian features. As the condition progresses it may cause gait related disability. The North West group was financially assisted with £100 towards the cost of their meeting.

An awareness day was held at the British Museum in March 2016 and this was funded & supported by the NTF – this was the first such day held by the NTF and included talks & presentations from Gyrogear who

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measured the tremors of willing volunteers for their Gyroglove project, which will hopefully prove a successful aid to people with tremors.

Following the success of the 2016 awareness day, the follow up event in 2017 was held on March 26<sup>th</sup> at Central hall Westminster, London and again open to all visitors. The whole day was a great success. Representatives from National Tremor Foundation were delighted at the response from all who attended and helped make it a relaxing, informal afternoon. It was great to see our attendees enjoying being in the company of others who shared the same disorder. Some people travelled long distances to attend including visitors from Dublin, Yorkshire, Cornwall and Kent. We were pleased to introduce our guest speakers Faii Ong founder of GyroGear explaining about GyroGlove and Matthew Walker from Insightec, the makers of the Focused Ultrasound machine, currently in trials here in UK for Essential Tremor. Both were busy throughout the afternoon with people keen to learn more from them.



*Visitors to our awareness day in March 2017 enjoying one of our presentations.*

The annual meeting in June attracted almost 100 people to the Holiday Inn in Brentwood where visitors included people from China keen to demonstrate their spoon which aids people with tremor. Gyrogear were also present to demonstrate their Gyroglove project. Presentations were given on MRI guided focused ultrasound treatment and the proposed changes to the NTF website. All trustees were available for a Q&A session which attracted many medical questions from the audience.



*The Gyroglove is designed to increase hand stability. Mechanical gyroscopes within the glove are used to resist hand movements to allow for normal day-to-day activities.*



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*Visitors of all ages prepare for our Q&A session at our annual meeting in June 2016.*

A NTF representative was appointed as someone to act as an advisor & campaigner for awareness of Essential Tremor in children, a cause that was brought about by the affect the condition had on their own son. The story of the child's difficulties in school & the parents' battle with the authorities were subsequently published on the NTF website.

Our website includes downloads of booklets & clinical presentations of tremor, whilst our research section is constantly updated on news, medical journals and articles from around the world

The Trust currently has three active regional support groups and is always looking to set up further groups around the UK. Such regional/local groups provide the opportunity for beneficiaries to regularly meet together for mutual support which is highly valued. It is important for them to have an environment where they feel comfortable socialising without being conscious of a tremor - and thus reducing isolation. The Foundation encourages the formation of more support groups & continues to maintain the Helpline for patients, their carers and medical professionals.

#### **COMMUNICATIONS & FUNDRAISING REVIEW**

The strategy of applying directly to charitable trust funds continued throughout the year and over 30 organisations responded with donations. The general contact was made by postal applications with some personal visits where permitted. The low interest rates earned by trust funds in the current national economic situation again generally resulted in lower donations but all payments are welcome. Many members also sent donations to generally help maintaining the Foundation's work in supplying information and advice. Some members arranged local events to raise public awareness of the problems encountered by patients, with several branches of Rotary and Probus Clubs featured on the list. Several donations were received from funeral directors as a request from families to give charity donations in lieu of flowers. Some donations will be used to help fund the publicised ultrasound treatment that is operational in the Charing Cross Hospital.

#### **PLANS FOR FUTURE PERIODS**

The Trust's main priority is to continue to develop the website further with the aid of a dedicated IT specialist. - both its technical capability and content - due to the wide reach and accessibility (important for tremor-sufferers) of the web. The appointed person will also seek out contributions for the website worldwide in the form of available articles & volunteers. The role is a new one and is expected to evolve during 2017 in line with demand & expectation. Another awareness day is scheduled for March 2018 (Essential Tremor awareness month) and the support of regional group meetings will continue.

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Our ultimate objective is to provide some funding for research into basic mechanisms and therapies for tremors of all types, particularly those in the essential tremor groups, including primary orthostatic tremor which is generally poorly supported from other funding bodies. Such activities are dependent on continued funding availability, which is secondarily dependent on the economic climate.

We anticipate greater interaction via our Facebook page and will look to use Twitter as a tool for raising further awareness. For 2017, membership to the NTF will again be free, although we will encourage donations from individuals along with our ongoing search for funds via charitable trusts

#### **PUBLIC BENEFIT STATEMENT**

The Trustees confirm that they have complied with the duty in the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit. As stated elsewhere in this report, the Trust's charitable activity work is clear evidence of both the identifiable benefit provided and the relation of this benefit to the charity's aims. Continuing website feedback shows that the Trust is regularly reaching people affected by tremors - both in UK and overseas, with a large increase in visitors to the website in 2016 in comparison to 2015

#### **FINANCIAL REVIEW**

Our income received for 2016 reached £42,425 (a 23% increase on the prior year) thanks primarily to donations from various trusts & members. With membership free, we encouraged members to voluntarily donate. Our primary costs continue to be invested in fundraising and our website, with a dedicated IT consultant to continually monitor and upgrade the website. Increased activity, including the commencement of research, resulted in spend of £46,961 (a 24% increase on the prior year) and a deficit of £4,536 (prior year: deficit of £3,471).

The Imperial College research grant constitutes a designated fund and the balance of £6,930 is expected to be spent during 2017.

The research study is to assist in the evaluation of the effectiveness and safety of Exablate transcranial MR guided Focused Ultrasound Thalamotomy treatment for people with medication refractory essential tremor syndrome.

#### **Reserves Policy**

The Trustees would ideally like to establish a level of reserves that would meet 12 months of operational costs (approximately £40k) should there be a gap in funding. At the year end the reserves held were £83,447 (previous year £84,330); this level of holding gives a sound base for considering increased research activity.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Trustees**

- at date of report's approval:  
Professor Leslie J Findley TD, MD, FRCP (Consultant Neurologist ) Chairman  
Kevin Harfoot Treasurer  
Dr Peter Bain MBBS MA MD FRCP (Consultant Neurologist )  
Lizzie Graham  
John Kidney (Solicitor )

##### **Registered Office**

**Harold Wood Polyclinic**  
St Clements Avenue  
Harold Wood  
Romford RM3 0FE

##### **Bankers**

National Westminster Bank

##### **Independent Examiner**

Frank Learner  
Greengage Associates  
8 Ffordd Cwm Cidi, Barry  
Vale of Glamorgan CF62 6LH



**National Tremor Foundation Charitable Trust**

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**Charity Registration Details**

Name: National Tremor Foundation Charitable Trust  
No: 1042013

**STRUCTURE, GOVERNANCE & MANAGEMENT**

**Governing Document**

The Trust is governed by a Declaration of Trust dated 19 October 1994 and was registered as a charity on 9 November 1994.

**Recruitment and Appointment of Trustees**

New trustees are recruited for the special contribution they can make to the Trust and are appointed by resolution of the Trustees.

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

Charity law requires the Trustees to prepare a trustees' annual report and financial statements for each financial year which show a true and fair view of the state of affairs of the Trust and its financial activities for that period. In preparing those financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the applicable Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Trust will continue in operational existence.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations and the provisions of the constitution. They are also responsible for the maintenance and integrity of the Trust, safeguarding the assets of the Trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) published on 16 July 2014.

**Statement as to disclosure to the independent examiner**

In so far as the Trustees are aware at the time of approving the trustees' annual report:

- There is no relevant information, being information needed by the independent examiner in connection with preparing his report, of which the independent examiner is unaware.
- The Trustees, having made enquiries of fellow trustees and the independent examiner that they ought to have individually taken, have each taken all steps that they are obliged to take as a trustee in order to make themselves aware of any relevant information for the independent examination and to establish that the independent examiner is aware of that information.

Approved by the trustees on 5 April 2017 and signed on their behalf by:



Professor L J Findley  
Chairman





## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE NATIONAL TREMOR FOUNDATION CHARITABLE TRUST

I report on the Trust's accounts for the year ended 31 December 2016, which are set out on pages 9 - 13.

### Respective responsibilities of Trustees and examiner

The Trustees are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The Trust's gross income for this year has not exceeded £250,000.

Having satisfied myself that the Trust is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Your attention is drawn to the fact that the charity has prepared the accounts (financial statements) in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

I understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

### Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Trust and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Frank Learner DChA  
Fellow, Association of Charity Independent Examiners

5 April 2017

Greengage Associates  
8 Ffordd Cwm Cidi  
Barry  
Vale of Glamorgan CF62 6LH

National Tremor Foundation Charitable Trust

Statement of Financial Activities for the Year Ended 31 December 2016

	Notes	Unrestricted funds £	Restricted funds £	Total for year	
				2016 £	2015 £
<b>Income from:</b>					
Donations and legacies					
Donations		14,058	-	14,058	13,938
Grants		27,300	1,067	28,367	20,400
Charitable Activities					
Beneficiary Support		-	-	-	147
<b>Total Income</b>		<u>41,358</u>	<u>1,067</u>	<u>42,425</u>	<u>34,485</u>
<b>Expenditure on:</b>					
Raising funds	2	19,584	-	19,584	20,690
Charitable Activities					
Information		16,039	150	16,189	12,258
Research		4,179	1,500	5,679	-
Beneficiary Support		5,509	-	5,509	5,009
<b>Total Resources Expended</b>		<u>45,311</u>	<u>1,650</u>	<u>46,961</u>	<u>37,956</u>
<b>Net movement in funds</b>		(3,953)	(583)	(4,536)	(3,471)
<b>Transfers between funds</b>		10,000	(10,000)	-	-
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>84,330</u>	<u>14,238</u>	<u>98,568</u>	<u>102,039</u>
<b>Total funds carried forward</b>		<u>90,377</u>	<u>3,655</u>	<u>94,032</u>	<u>98,568</u>



National Tremor Foundation Charitable Trust

Balance Sheet as at 31 December 2016

	Notes	31 December 2016		31 December 2015	
		£	£	£	£
<b>Current assets</b>					
Debtors	5	660		580	
Cash at bank		<u>103,104</u>		<u>107,506</u>	
		103,764		108,086	
<b>Creditors: Amounts falling due within one year</b>	6	<u>(9,732)</u>		<u>(9,518)</u>	
<b>Net current assets/(liabilities)</b>			94,032		98,568
<b>Net Assets</b>			<u>94,032</u>		<u>98,568</u>
<b>Funds</b>					
Unrestricted income funds	7		90,377		84,330
Restricted income funds	8		<u>3,655</u>		<u>14,238</u>
			<u>94,032</u>		<u>98,568</u>

Approved by the trustees on 5 April 2017 and signed on their behalf by:



Professor L J Findley  
Chairman

5/4/2017.

The notes on pages 11 to 13 form part of these financial statements.

## National Tremor Foundation Charitable Trust

### Notes to the Financial Statements for the Year ended 31 December 2016

#### 1. ACCOUNTING POLICIES

**Basis of preparation.** The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have also been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The National Tremor Foundation (the charity) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

The charity has also applied Update Bulletin 1 (effective 1 January 2016) to Charities SORP (FRS 102) and has adopted some of the reporting requirements for larger charities.

**Preparation of the accounts on a going concern basis.** The trustees consider that charity can continue as a going concern for at least the next 12 months.

**Income.** Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

**Interest receivable.** Interest on any funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

**Fund accounting.** Unrestricted funds are available to spend on activities that further any of the purposes of charity. Restricted funds are donations which the donor, or charity when making an appeal, has specified are to be solely used for particular areas of the charity's work.

**Expenditure and irrecoverable VAT.** Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds cover all expenditure incurred by the charity to raise funds for its charitable purposes - including the costs of all fundraising activities, events and non-charitable trading activities, plus the associated support costs.
- Expenditure on charitable activities includes the costs of information provision and beneficiary support undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**Allocation of support costs.** Support costs are those functions, such as office overheads and governance, that assist the work of the charity but are not a direct cost of reported activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 3.

**Tangible fixed assets.** Individual fixed assets costing £1,000 or more are capitalised at cost and are depreciated over an estimated useful economic life of 4 years on a straight line basis. The charity has no such eligible assets.

**Stock.** Stock is included at the lower of cost or net realisable value. The charity has no material stock holdings.



**National Tremor Foundation Charitable Trust**  
**Notes to the Financial Statements for the Year ended 31 December 2015**

**Financial instruments.** The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

**Debtors** Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Cash at bank and in hand.** Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Creditors and provisions.** Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2 EXPENDITURE	Direct £	Contractor £	Support £	2016 £	2015 £
Cost of Generating Funds	848	12,182	6,554	19,584	20,690
Charitable Activities					
Information	11,441	2,030	2,718	16,189	12,258
Research	5,270	-	409	5,679	-
Beneficiary Support	2,113	2,030	1,366	5,509	5,009
Total Resources Expended	19,672	16,243	11,046	46,961	37,956

Costs have been attributed on a basis consistent with the use of resources. Where costs cannot be allocated, they are apportioned by the estimated percentage of time spent on each activity.

3 SUPPORT COSTS	Raising Funds £	Info £	Research £	Beneficiary Support £	2016 £	2015 £
Governance	3,097	832	95	737	4,760	5,795
Communications	2,075	1,132	189	377	3,773	3,755
Office	1,382	754	126	251	2,513	2,847
Total Support	6,554	2,718	409	1,366	11,046	12,397

Costs are apportioned by the estimated percentage of time spent on each activity. Governance costs comprise: contractor £2,863 (prev yr £2,895), independent examination £ 645 (py £645), other services from independent examiner £690 (prev yr £690) and trustee-related expenses £559 (py £1,565).

#### 4 OTHER TRANSACTION INFORMATION

2015 income was £34,485; the only restricted element was £4,100 for grants; 2015 expenditure was £37,956 - the only restricted element was £587 for beneficiary support.

See Note 8 about the £10,000 transfer from restricted to unrestricted funds.

The charity does not employ any staff and relies on a contractor for its office duties.

Three trustees were directly re-imbursed for travel expenses totalling £559 (previous year: 2 trustees £139). Expenditure attributable collectively to services for trustees (room-hire etc) was nil (prev year £1,425).

No trustee received remuneration or other benefits in connection with trustee duties or other services. There were no related party transactions in this reporting period that require disclosure.

National Tremor Foundation Charitable Trust

Notes to the Financial Statements for the Year ended 31 December 2016

5 DEBTORS	2016	2015
	£	£
Prepayment	660	580
Total debtors	<u>660</u>	<u>580</u>
6 CREDITORS	2016	2015
	£	£
Trade creditors	884	1,322
Accruals	1,988	1,335
Other creditors	6,861	6,861
Total creditors	<u>9,732</u>	<u>9,518</u>

7 UNRESTRICTED FUNDS	1 Jan 2016	Income	Spend	Transfer	31 Dec 2016
	£	£	£	£	£
General	84,330	41,358	41,132	10,000 (11,108)	83,447
Designated: Imperial College Grant	-	-	4,179	11,108	6,930
	<u>84,330</u>	<u>41,358</u>	<u>45,311</u>	<u>10,000</u>	<u>90,377</u>

8 RESTRICTED FUNDS	1 Jan 2016	Income	Spend	Transfer	31 Dec 2016
	£	£	£	£	£
Neuro Rating Scale Project	10,000	-	-	(10,000)	-
Orthostatic Tremor Group	138	30	150	-	18
Video Production	1,000	-	-	-	1,000
Yorkshire	1,000	-	-	-	1,000
Support Group/Helpline	1,000	-	-	-	1,000
Essential Tremor Research	1,000	500	1,500	-	-
Youngsters	100	537	-	-	637
	<u>14,238</u>	<u>1,067</u>	<u>1,650</u>	<u>(10,000)</u>	<u>3,655</u>

The Neuro Rating Scale project is no longer required and the balance has been transferred to funds in the correspondence with the funder. The Orthostatic Tremor funding is for the group's running the video production funding is for an advice video on undergoing tremor-related surgery. The Yorkshire funding has a geographic restriction. The Support Group/Helpline funding is for the expansion of these services. The Essential Tremor Research funding is self-explanatory, and the Youngsters funding is for educating & assisting young people with Essential Tremor.

9 FUND/ASSET ANALYSIS	Unrestricted funds		Restricted funds	2016	2015
	General	Designated		total funds	total funds
	£	£	£	£	£
Net current assets	83,447	6,930	3,655	94,032	98,568
	<u>83,447</u>	<u>6,930</u>	<u>3,655</u>	<u>94,032</u>	<u>98,568</u>

*Valerie J. Kelly*  
5-4-2017.