

## NTF Annual Conference

Vermont Hotel, Castle Garth, Newcastle-upon-Tyne, NE1 1RQ

Saturday 28<sup>th</sup> March 2026

### Draft Agenda

- 10:30 **Tea and Coffee**
- 11:00 **Welcome**  
Kitty Reilly, *Chairperson National Tremor Foundation*
- 11:10 **Medical & surgical treatment of Tremor**  
Prof. Peter Bain (*NTF Trustee and Clinical Adviser*)
- 11:55 **Deep Brain Stimulation**  
Dr David Ledingham (*Consultant Neurologist in Movement Disorders*)
- 12:30 **Lunch**
- 13:00 **Age UK: Services for Tremor**  
Paula Bennett (*Community & Locality Engagement Coordinator, Age UK North Tyneside*)
- 13:30 **Beech Band**  
Carl Beech (*Chairman and Founder, Beech Band*)
- 14:00 **Break** (*Refreshments provided*)
- 14:15 **Unsung Hero: 25 Years' Service**  
Jackie Farrel (*Lead Peer Support Group Advocate*)
- 14:30 **Strength & Balance**  
Karen Hull (*Specialist Neuro-physiotherapist*)
- 14:50 **NTF Scotland**  
Ian Sharp (*Scotland Support Group Lead*)
- 15:00 **Break** (*Refreshments provided*)
- 15:15 **Children with Tremor**  
Kitty Reilly (*Chairperson/Children's Liaison Officer – National Tremor Foundation*)
- 15:25 **Diagnosis to Referral**  
Dr Matteo Ciocca (*NTF Trustee and Clinical Adviser*)
- 15:45 **Q&A**  
Conference Speakers
- 16:00 **Close**  
Kitty Reilly (*Chairperson National Tremor Foundation*)

*\* There will also be stalls from **Insightec, Boston Scientific, Beech Band, DBS Nurses Association and National Tremor Foundation** that delegates can engage with throughout the day.*